



Why CHS?

We put children and families first – always.

For more than 100 years, CHS has been the leader in bringing the right solutions at the right time. We don't settle for "what is" – we're driven to do more, to empower children and families to realize their full potential.



Serving Polk, Hardee and Highlands Counties

Children's Home Society of Florida
1010 E Rose Street
Lakeland, FL 33801

863-413-3126

chsfi.org/lakeland

We're proud to partner with



Children's Home Society of Florida recognizes that some of our clients may have particular communications needs. We will make available auxiliary aids, sign language interpreters and foreign language interpreters at no charge in order to meet these needs. To request such assistance, please contact Children's Home Society of Florida at least 2 hours prior to the date the assistance is needed.

Counseling & Support Services

Building bridges to success



Help for children and adults with behavioral and emotional struggles

Navigating behavioral health challenges can be hard.

It can be tough to find – and access – services and resources. It's confusing. It's complex. It's overwhelming. But you don't have to do it alone. We'll be with you every step of the way. Call (863) 413-3126 to learn more.

Targeted Case Management for children

Who qualifies?

Children ages 0 to 17 in Polk, Hardee and Highlands

Counties with:

- Behavioral or emotional difficulties at home and/or school; and/or
- A behavioral health diagnosis; or
- Destructive behaviors that could cause self-harm or harm to others; or
- The need for at least one mental health or behavioral health service

What to expect?

Learn to be your child's greatest advocate and to safely work through challenges – even if every day feels like another crisis – so your child can remain at home and school (when appropriate).

We can meet with you and your child at home, school or daycare – wherever it's convenient and comfortable.

Working together, we'll assess your child's needs and develop a personalized plan to:

- Help your family work through tough challenges and reach goals
- Advocate for your child's mental health needs
- Build strategies to handle challenging behaviors and situations
- Manage stress and frustrations
- Connect you with deeper resources including:
 - Counseling
 - Behavior analysis
 - Psychological evaluations
 - Psychiatric evaluations and medication check-ins with your child's doctor
 - Therapeutic mentoring
 - Tutoring

Targeted Case Management for adults

Who qualifies?

We accept uninsured clients and those with Medicaid.

Adults (18+) with:

- A mental health challenge or diagnosis
- The need to connect with multiple resources

What to expect?

Learn to navigate the complex system of care to access resources, from building your support system to finding a health care provider.

Together, we'll develop a plan to:

- Set and reach goals
- Advocate for your needs
- Build strategies to handle stressful situations
- Connect you with deeper resources including:
 - Counseling
 - Psychological or psychiatric evaluations
 - Medication management
 - Reach goals, such as job placement, obtaining affordable housing and more

Counseling Services

Sometimes life is overwhelming. Our counselors can empower you to work through challenges and regain control of your life.

CHS offers in-home or in-school counseling for children of all ages, adults, and families.

CHS also offers counseling through telehealth, where you meet with a counselor using a phone or tablet. Telecounseling allows you to see a counselor without leaving your home or having anyone visit you!

You'll receive comprehensive, personalized services, in the comfort of your home, our office or your child's school – wherever you prefer. Your counselor will help you find and build upon your strengths so you can cope with, work through and overcome challenges.

Common challenges treated include (but are not limited to):

- Depression
- Anxiety
- Family Transition (divorce, moving, etc.)
- Trauma and Abuse/Neglect
- Disruptive Behaviors, Anger Management
- ADHD and Social Skills Deficits
- Grief and Loss
- Group Therapy
- LGBTQIA+ Support Groups

Who pays?

- We accept Medicaid and Medicaid-managed care plans for children.
- For counseling, we accept some commercial insurance plans or may be able to serve out of network. Please call to determine what your plan covers.
- Targeted Case Management services are available to all children and adults, even those with private insurance.
- Adults and children without insurance may qualify for funding.



CHS is an experienced leader that has a rich legacy of delivering the right solutions to reshape lives and transform futures, empowering families to lead strong, independent and healthy lives.

CHS delivers services that align with the intentions of the Families First Prevention and Services Act by using conventional and innovative approaches to deliver services and programs that result in positive, high impact, evidence-based outcomes.

Call (863) 413-3126
to learn more.

